

Quay West

FOOD • DRINK • DINE

SIDES

CHIPS	€5.00
RICE	€4.00
SEASONED POTATO WEDGES (1-W)	€5.50
SWEET POTATO FRIES (1-W)	€6.00
CREAMED POTATO (9)	€5.00
CRISPY BABY POTATOES IN GARLIC BUTTER (9)	€6.00
SEASONAL VEGETABLES	€5.00
HOMEMADE ONION RINGS (1-W)	€6.00
TOSSED SALAD (11)	€6.00
COLESLAW (3,10,11)	€3.00
BEANS	€3.00
MUSHY PEAS (13)	€3.00
STUFFING (1-W,9,10)	€3.50



DIPS

GARLIC MAYO (3,11)	€2.00
TARTARE SAUCE (3,11)	€2.00
SWEET CHILLI	€2.00
BBQ SAUCE (1-W)	€2.00
GARLIC BUTTER (9)	€2.00
GRAVY(10)	€3.00
PEPPER SAUCE (9,10)	€3.00
CURRY SAUCE (9,10,11)	€3.00

*Welcome to Quay West at the Allingham Arms Hotel.
We hope you enjoy your dining experience with us.*

"Please note we do not split bills"

"All our beef is 100% sourced on the Island of Ireland"

"100% of all tips are equally divided among staff"

071 98 41075

www.allinghamarmshotel.ie



@ quaywestbundoran
@ allinghamarmsbundoran



SCAN QR CODE TO
LEAVE A REVIEW



SCAN QR CODE TO
LEAVE A REVIEW



STARTERS

SOUP OF THE DAY Artisan wheaten bread or bread roll. (9,10)	€8.00
WEST COAST ATLANTIC SEAFOOD CHOWDER Fresh fish from along the West Coast of Ireland including Prawns, Mussels, Clams, Salmon, Smoked Coley & Haddock. (2,4,9,10,13)	€14.00
CHICKEN, BACON & PINE KERNEL SALAD Garlic & parmesan marinated chopped chicken & bacon pieces served on a crispy baby gem leaf salad. (3,8,9,11) MAIN COURSE OPTION €17.50	€11.50
BREADED MOZZARELLA STICKS Sriracha drizzle, lemon & cool ranch dipping sauce. (1-W,6,9,13)	€8.00
KING PRAWNS IN GARLIC & CHILLI Tossed in a spiced tomato & basil sauce. Served with toasted garlic ciabatta. (1-W,2,9)	€13.50
SALT & CHILLI SQUID Toasted sesame, garlic dressing, fresh lime & chillies. (1-W,3,5,11,12)	€11.00
BREADED BAKED BRIE Served with baby leaf salad & cranberry sauce. (1-W,3,9,10,11)	€12.00
HONEY INFUSED WHIPPED GOATS CHEESE Tomato salad, pickled onions, basil pesto & dipping toast. (1-W,6,8-pine,9,11)	€13.00
CRISPY SALT & CHILLI CHICKEN Garlic aioli, sweet chilli & fresh lime. (1-W,3,9,11)	€11.50
PHILADELPHIA STUFFED BREADED MUSHROOMS Garlic mayonnaise & Italian leaf salad. (1-W,3,9,10,11)	€12.50
CHICKEN WINGS Served with blue cheese dip & fresh parsley. (1-W,8,9,10, 12) <i>Choose from</i> BBQ Korean Style (Hot) Hot & Spicy (Very Hot)	€12.00
MONKFISH & KING PRAWN GRATIN Baked in garlic butter & topped with cheddar & mozzarella. Served with toasted garlic ciabatta. (1-W,3,4,9,11)	€17.50

VEGETARIAN STARTERS

CRISP ORGANIC CHICKPEA FALAFEL BOWL Sweet chilli dressed leaves with candied walnut crumble. (8)	€11.00
PLANT-IT VEGAN SALT & CHILLI STRIPS Garlic aioli, sweet chilli & fresh lime. (1-W,3,9,11)	€11.00



MAINS

PATRICK'S SIGNATURE BRAISED BEEF Slow braised 10oz chuck of Irish beef. Served with homemade Guinness & BBQ gravy, creamed potatoes & parsnip crisps. (1-B,6,9,10)	€22.50
DONEGAL FISH & CHIPS Beer battered Killybegs fresh fillet of Haddock with peas, tartare sauce & lemon. (1-W,3,4,11)	€22.00
CLASSIC CHICKEN CURRY €21.00 1/2 RICE & 1/2 CHIPS €23.00 Fresh chicken pieces & stir-fried vegetables in our homemade lemongrass & lime leaf scented curry sauce. Served with basmati rice. (9,10,11)	€23.00
ASIAN HONEY, GARLIC & CASHEW STIR-FRY Served with noodles or basmati rice. (1-W,6,8-cashew,12) <i>ADD CHICKEN €4 ADD IRISH BEEF €5 ADD KING PRAWN €5 (2)</i>	€19.00
CHICKEN GOUJONS & CHIPS Served with side salad, BBQ dip & garlic dip. (1-W,3,9,11)	€19.00
SHREDDED SALT & CHILLI CHICKEN Garlic aioli, sweet chilli, fresh lime, homemade chips & salad (1-W,3,9,11)	€19.00
QUAY WEST MEXICAN ENCHILADA Sauté vegetables coated in our lightly spiced enchilada sauce & topped with cheese. Served with chips, sour cream, guacamole & garlic mayo. (1,3,9,11) <i>ADD CHICKEN €4 ADD IRISH BEEF €5</i>	€17.50
LEMON & DILL SALMON WITH KING PRAWNS Fresh Killybegs salmon steamed in a ragout of tomatoes, peppers & Italian olives. Served with garlic king prawns & crispy potatoes. (2,4,10,11)	€26.00
HAMPSHIRE IRISH SMOKED RACK OF BACON Butter braised cabbage, creamed potatoes, honey & mustard sauce. (9,11,13)	€22.50
ALLINGHAM PASTA SPECIAL Chicken, bacon, broccoli & sundried tomatoes tossed with fresh rigatoni pasta in our creamy garlic sauce. Served with garlic bread & parmesan cheese. (1-W,3,9,13)	€22.50
QUAY WEST CHICKEN FEAST Crispy coated chicken goujons, salt & chilli chicken pieces & chicken wings, served with chips & BBQ dip. (1-W,3,9,13)	€20.00
IRISH BEEF LASAGNA Layered pasta with Irish beef ragout. Served with chips, side salad & coleslaw. (1-W,9,10,11,13)	€20.00
GLENSIDE BANGERS & MASH Served with a black pudding crumb & onion gravy. (1-W/B,9,11,13)	€19.50
ALLINGHAM FREE RANGE CHICKEN Grilled breast of free-range chicken with wild mushroom sauce. Served with potatoes & seasonal vegetables (9,10)	€20.00
IRISH BEEF STEW Slow cooked Irish beef stew with root vegetables. Served with creamed & roast potatoes. (9,10,11)	€21.00
ROAST OF THE DAY	ASK YOUR SERVER

BURGERS

ALLINGHAM DOUBLE SMASH BURGER Smashed 100% Irish ground beef with crisp bacon, sauté onions, mature cheddar, lettuce, tomato & burger sauce. Served with chips. (1W,3,9,11, 12,13)	€21.00
MEXICAN STYLE DOUBLE SMASH BURGER Smashed 100% Irish ground beef with crisp bacon, sauté onions, chilli cheddar, jalapeños, lettuce, tomato & burger sauce. Served with chips. (1W,3,9,11, 12,13)	€21.00
GRILLED CHICKEN BURGER Cajun chicken breast, jalapeño peppers, tomato, onions, cheese, chipotle mayo & pineapple. Served on a toasted brioche bun & homemade chips. (1-W,3,9,13)	€21.00
BURNS FARM 10oz PRIME IRISH STRIPLOIN STEAK Locally sourced 28 day aged prime Irish beef. Served with sauté mushrooms & onions, semi dried tomatoes, mash potatoes, pepper sauce & chips. (9,10,11) <i>ADD GARLIC KING PRAWNS (2, 9) €5</i>	€34.00
7oz STRIPLOIN STEAK SANDWICH Cooked to your liking on a toasted garlic ciabatta. Sauté mushrooms, onions, pepper sauce, coleslaw, side salad & homemade chips. (1-W,9,13)	€27.00

VEGETARIAN

CLASSIC VEGETABLE CURRY €19.00 1/2 RICE & 1/2 CHIPS €21.00 Stir-fried vegetables in our homemade lemongrass & lime leaf scented curry sauce. Served with basmati rice. (10,11)	€21.00
ASIAN HONEY, GARLIC & CASHEW STIR-FRY Served with noodles or basmati rice. (1-W,6,8-cashew,12)	€19.00
VEGETARIAN ENCHILADA Sauté vegetables coated in our lightly spiced enchilada sauce & topped with cheese. Served with chips, sour cream, guacamole & garlic mayo. (1,3,9,11)	€17.50
VEGAN BANGERS & MASH Whirl whipped potatoes topped with fried onions. Served with roast gravy, seasonal vegetables & crispy flaked onions. (6,10,11)	€18.50
PLANT BASED VEGAN GOUJONS Served with side salad, fresh chips, vegan mayonnaise & BBQ sauce. (1-W,6)	€18.50
VEGAN QUARTER POUNDER Topped with crisp baby gem lettuce, tomatoes, vegan mayonnaise & vegan cheese. Served in a toasted bun with fresh cut chips. (1-W,6)	€19.00
ALLINGHAM VEGETARIAN PASTA Broccoli & sundried tomatoes tossed with fresh rigatoni pasta in our creamy garlic sauce. Served with garlic bread & parmesan cheese. (1-W,3,9,13)	€20.00

ALLERGEN INFORMATION

1. Gluten 2. Crustaceans 3. Eggs 4. Fish 5. Molluscs 6. Soybeans 7. Peanuts 8. Nuts 9. Milk 10. Celery 11. Mustard 12. Sesame Seeds 13. Sulphites 14. Lupin Wheat=W Barley=B